



National Nutrient Database for Standard Reference  
Release 28 slightly revised May, 2016

Statistics Report 01264, Ice cream bar, stick or nugget, with crunch coating

Report Date: July 16, 2017 18:10 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water	g	35.48	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Energy	kcal	358	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2013
Energy	kJ	1497	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2013
Protein	g	2.11	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2013
Total lipid (fat)	g	25.26	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2013
Ash	g	0.41	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Carbohydrate, by difference	g	37.12	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Fiber, total dietary	g	1.1	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sugars, total	g	21.05	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2013
<b>Minerals</b>													
Calcium, Ca	mg	63	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2013
Iron, Fe	mg	0.00	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2013
Magnesium, Mg	mg	11	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Phosphorus, P	mg	57	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Potassium, K	mg	71	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Sodium, Na	mg	84	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2013
Zinc, Zn	mg	0.32	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Copper, Cu	mg	0.031	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Selenium, Se	µg	4.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2013
Thiamin	mg	0.043	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Riboflavin	mg	0.069	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Niacin	mg	0.548	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Pantothenic acid	mg	0.303	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Vitamin B-6	mg	0.106	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Folate, total	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Folate, food	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Folate, DFE	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Choline, total	mg	45.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Vitamin B-12	µg	0.09	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Vitamin A, RAE	µg	35	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Retinol	µg	35	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Carotene, beta	µg	5	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Vitamin A, IU	IU	105	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2013
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Vitamin E (alpha-tocopherol)	mg	2.25	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Vitamin D (D2 + D3)	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Vitamin D3 (cholecalciferol)	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Vitamin D	IU	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Vitamin K (phylloquinone)	µg	22.3	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
<b>Lipids</b>													
Fatty acids, total saturated	g	17.895	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2013
4:0	g	0.414	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
6:0	g	0.244	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
8:0	g	0.122	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
10:0	g	0.271	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
12:0	g	0.316	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
14:0	g	1.192	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
15:0	g	0.101	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
16:0	g	11.671	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
17:0	g	0.058	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:0	g	3.483	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
20:0	g	0.016	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
22:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Fatty acids, total monounsaturated	g	1.173	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
14:1	g	0.006	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
15:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
16:1 undifferentiated	g	0.027	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
17:1	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
18:1 undifferentiated	g	1.137	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
20:1	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Fatty acids, total polyunsaturated	g	2.208	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
18:2 undifferentiated	g	2.012	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
18:3 undifferentiated	g	0.190	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
20:2 n-6 c,c	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
20:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
20:4 undifferentiated	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013

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22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2013
Cholesterol	mg	16	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2013
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2013